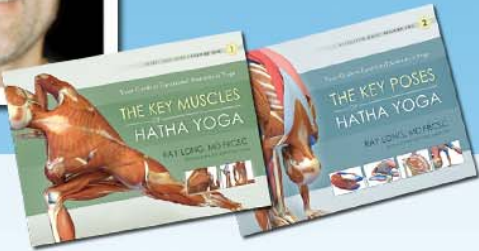


Anatomic Yoga™

A multimedia workshop with author and surgeon Ray Long MD FRCSC
Combining modern western science with the ancient art of Hatha Yoga



Ray Long MD FRCSC is a board certified orthopedic surgeon and the author of the best selling "Scientific Keys" book series on anatomy and Yoga. Ray has studied hatha yoga for over twenty years, training extensively with B.K.S. Iyengar, and other of the world's leading yoga masters.



Where:

St. Joseph Renewal Center
1725 Brentwood Road
Brentwood, New York 11717

When:

September 11, 2010

Hours:

Doors Open at 8:30am for registration
Saturday 9am to 5pm
Times could run up to ½ hour over

Registration & Contact Information:

Phone: 631-261-1777
Website: www.longislandyogaassociation.org

SPACE IS LIMITED SIGN UP EARLY

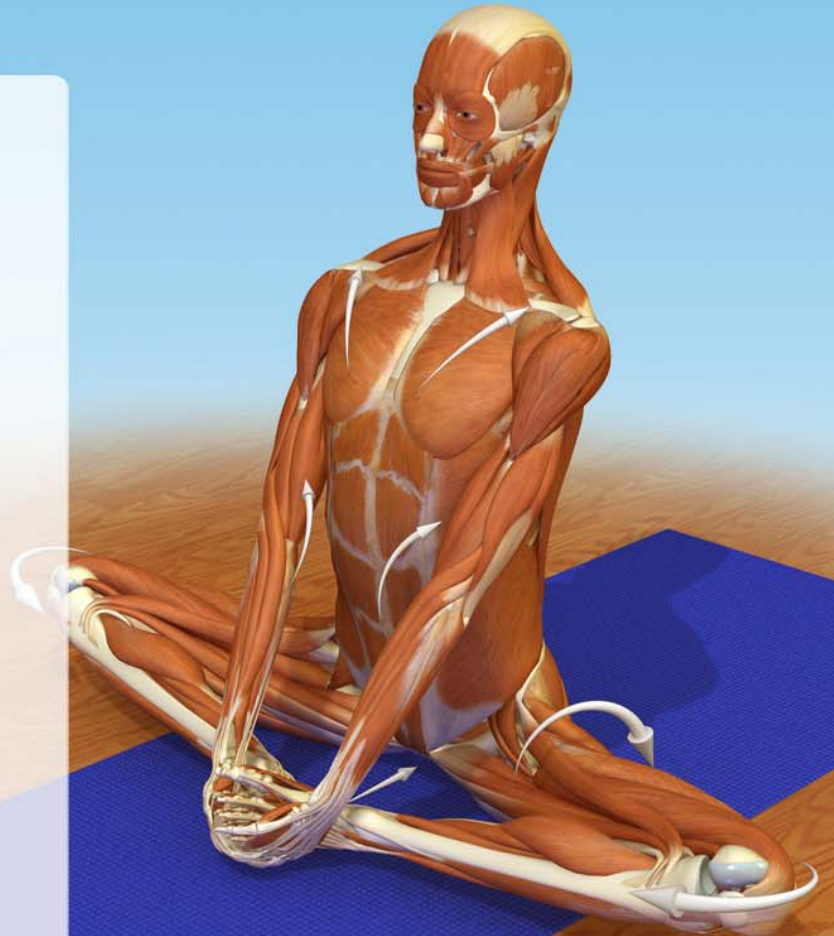
Cost Information:

LIYA Members \$160
Non-Members \$180

MAILING ADDRESS:

Long Island Yoga Association
PO Box 657, Northport NY 11768

***This workshop qualifies for 7 hours
of CE Credits in Anatomy***



BANDHAYOGA
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